A Visit Exchange (VX) gives dining plan holders the option to exchange one traditional visit for his or her choice of select entrees, sides and a drink. The Visit Exchange (VX) options below are available in Curl Market, Union Market and Marketplace on Neil.

Choose one item from each category

1. **Entree**
   - Small “build your own” salad or yogurt parfait
   - 8 ounce cup of soup with roll or crackers and Grab n’ Go side salad with dressing
   - 12 ounce bowl of soup with roll or crackers
   - Any Inspired by Fresh Grab n’ Go sandwich or wrap
   - Any one (1) regular sized panini, wrap or deli sandwich (toasted, hot or cold)
   - Regular sized pasta entrée with sauce and toppings

2. **Side**
   - **piece of seasonal whole fruit**
     - apple
     - banana
     - pear
     - orange

3. **Drink**
   - 12 ounce water
   - 8 ounce chocolate or %2 milk
   - 24 ounce beverage from a Coke Freestyle Machine