# NUTRITION ICONS KEY 

Below is a list of nutritional icons that can be used to help guide you in making choices that fit your dietary needs.


CONTAINS
DAIRY
Items contain milk protein, or are made on shared equipment.


## VEGAN

Items do not contain any animal derivatives, including meat, poultry, fish, dairy, eggs or honey.


NO GLUTEN INGREDIENTS

Items do not contain barley, wheat, rye or non gluten free oats. Items are not certified Gluten Free, as we cannot
guarantee less than
20 ppm gluten.


## VEGETARIAN

Items do not contain meat, poultry, or fish, but may contain dairy and/or egg.

## CONTAINS NUTS

Items contain peanuts or tree nuts, or are made on shared equipment. Coconut derivatives, aside from coconut oil, are
considered a tree nut.

NOT REVIEWED
These items have not yet been reviewed by the dining services dietitian, therefore we are unable to label these items and verify the presence of any potential allergens.

All fried items may come in contact with allergens and animal proteins. Icons do not take this into account.
If you are prone to severe allergic reactions please note that we are unable toguarantee the absence of allergen cross-contact during food manufacturing and preparation. In addition, last-minute product substitutions may not always be identified. For these reasons we strongly encourage you to consult the on-site Chef or Dining Manager to make sure your order is free of any specific allergens.

